

Nursing Training

Name

Institution

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Nursing vocation is a profession that needs proper preparation and complete studies that ensure an individual is fully equipped with the knowledge necessary in executing his or her duties (Franklin, 2013). I believe that my training has made me competent as a nurse since I consider the learning as the best. Initially, I have spent five years at the Stanford University taking the nursing course. During the course, I spent much time in class learning the theory part of nursing as well as being introduced to various methods of the nursing career. Besides, life in school provided a chance to attend various practical lessons in the school laboratories and the school health unit. I had an opportunity to work as a school nurse in both night and day shifts working along with qualified lecturers and experienced nurses.

Secondly, I had the internship position at Houston Methodist hospital after completing the bachelor's studies last April which provided hands-on experience with clients, and I am anxious to specialize in neonatal care. The hospital is always busy, and we had to serve a huge number of people who had distinct health problems every day. Moreover, the hospital has several departments that work cohesively in supporting public well-being. During the internship period, I had a chance to implement the knowledge obtained in class to real life with the aid of qualified nurses and other medical experts. The life as an intern equipped me with the experience to work in different sectors such as medical wards, pediatric, theater, nutrition, comprehensive care unit and maternal and child health. Moreover, the experience in the hospital offered a chance to develop working skills and ability to work with various people who have a similar goal of promoting good health (Oermann & Gaberson, 2014).

Furthermore, the life at school and during the internship has made me knowledgeable in working with various types of equipment within the hospital. I can utilize different machines such as life-saver machine in the intensive care unit, BP machine, thermometers, stethoscopes,

portable pulse oximeters and portable glucometers in assessing a patient depending on the type of the illness (Goudreau & Smolenski, 2014). Moreover, I can help a mother give birth since I have the skills needed in maternity. Since I am much interested in neonatal care, I can use baby scales, baby thermometers, circumcision instruments, phototherapy sensors and several other types of equipment used in the pediatric ward (Davis, 2013). Additionally, I can obtain all types of test samples from the patient as well as administer the intravenous medication and fixing the nasal gastric tubes to both adults and children. Also, the internship made me familiarize with the different medicines thus being able to master on the prescriptions.

The clinical training in the emergency department of Houston Methodist Hospital prepared me for the fast care need of the emergency room nurse. During the stay in the emergency department, we received patients who were involved in various accidents thus providing a chance to dress wounds and managing a patient with severe injuries (Smith & Parker, 2015). Likewise, I had the chance to visit the accident scenes while working at the emergency sector which offered a chance to gain experience while working outside the hospital. Also, working in the emergency room prepared me on how to handle various emergency cases such as heart attack, conversions, hyperglycemia conditions, suffocations, poisoning and other ailments that require urgent care (Kelly, 2012).

Immediately after completing the internship, I had a chance to work as a research helper for Dr. Edward who was writing about current findings in the remedy of heart infections. The knowledge earned during the time of the research has prepared me in helping cardiac patients in an excellent manner. Furthermore, the experience as research assistance broadened my mind on the sector of health making me realize that a lot is needed to be done in the medical department to transform the health services to an advanced stage. Besides, the research experience provided

a chance to identify the usefulness of data recorded by nurses during immunization and other recordings (Kelly, 2012). Since I am much interested in the neonatal health, I was able to learn new things about perils associated with the cardiovascular health of children during the survey.

Additionally, I used to volunteer at the local hospital during my school holidays which helped me to develop a positive attitude toward the nursing career. I have attended several medical camps outside my county as well volunteering in community nursing. The university's department of health science had a routine of planning medical camps in every semester which aimed at extending health services to the community, and I always took part in the screening. By attending uncountable medical camps, I have the experience of conducting various tests such as breast and cervical cancer screening, HIV testing, diabetes and hypertension (Franklin, 2013). Furthermore, I have been evaluated by the national board of nursing after which I was awarded a license to practice as a qualified nurse. Due to my past dedication and experience on the nursing career, I have developed excellent communication and other interpersonal skills as well as required knowledge that makes me qualify for the nursing job.

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